

Joel Camara

has successfully completed all the requirements of

Certified Performance Executive Coach (CPEC)

ALIGNED WITH ICF COACHING CORE COMPETENCIES LISTED BELOW

16 hours coach-specific training , 32 hours intermediate to advanced coach-specific training, 7.5 hours of group mentor coaching and 3 hours of one-to-one mentor coaching from 18 October 2012 to 22 August 2013

creating awareness and self-responsibility; meeting ethical guidelines and professional standards; establishing the coaching agreement; coaching presence; establishing trust and intimacy with the client; active listening; powerful questioning; GROW model; direct communication; coaching feedback; planning and goal setting; designing actions; managing progress and accountability

Trainers: Lori Shook, Alison Sheridan, Keri Lehmann, Jon Williams



Sir John Whitmore, Executive Chairman